Raven Tree Press LLC

Children's Bilingual Picture Books

Activity Guide #1

Vegetable Dreams / Sueño de verduras

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Subjects
Science

Brief Description
In this activity, children learn to identify fruits and vegetables with interesting facts integration.

Objectives
- Learn to identify vegetables and fruits

Key Words
Vegetables / fruits

Grade Level(s)
K-4

Materials Needed
Variety of fruits and vegetables, either photos or purchased from grocer or garden.
Pencil and paper

Activities
- Have the variety of fruits and vegetables mixed together on a table. On the paper draw a line down the middle. Label one half Vegetables and the other Fruits. Have the children identify each based on current knowledge.
- Then, explain that what we commonly know as vegetables, may in fact be fruits. Botanically speaking, a fruit is any fleshy material covering a seed or group of seeds. With this explanation tomatoes, zuchini, beans, avocado, peas, eggplant, peppers, cucumbers and watermelon are all fruits. Rhubarb, lettuce, spinach, cabbage, celery, carrots, potatoes, and radishes are examples of vegetables.
- In 1893, the US Supreme Court ruled that tomatoes were “vegetables” only because they were consumed as such. The suit was brought by a group of growers who wanted it declared a vegetable to protect US crop development and prices. Fruits, at that time, were not subjected to import taxes and other countries could send with lower prices.
- Now, have students correct their work using this new information. Clean and cut up fruits and veggies for a class snack. Show the seeds inside each fruit.
- Have students identify which fruit seed is from which fruit.

Activity Guide Source
Dawn Jeffers, author
Raven Tree Press, LLC, publisher

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