Oh, Crumps! / ¡Ay, caramba!
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Published by Raven Tree Press
Pub Date—June 2003
ISBN—0-9720192-4-3
Grades K - 3

Farmer Felandro knows that "Morning comes early!" He would appreciate a muffin recipe as easy as this one first thing in the morning.

Early Morning Glory Muffins

2 cups all-purpose flour
1 1/4 cups white sugar
2 teaspoons baking soda
2 teaspoons ground cinnamon
1/4 teaspoon salt
2 cups shredded carrots
1/2 cup raisins
1/2 cup chopped walnuts
1/2 cup unsweetened flaked coconut
1 apple - peeled, cored and shredded
3 eggs
1 cup vegetable oil
2 teaspoons vanilla extract
*Makes 12 muffins

Preheat oven to 350 degrees F (175 degrees C). Grease 12 muffin cups, or line with paper muffin liners. In a large bowl, mix together flour, sugar, baking soda, cinnamon, and salt. Stir in the carrot, raisins, nuts, coconut, and apple. In a separate bowl, beat together eggs, oil, and vanilla. Stir egg mixture into the carrot/flour mixture, just until moistened. Scoop batter into prepared muffin cups. Bake in preheated oven for 20 minutes, until a toothpick inserted into center of a muffin comes out clean.

Lee Bock and her husband Bob live on a farm in rural Wisconsin and raise registered Arabian horses. She is an elementary school librarian, has an MA degree in Education and is a frequent storyteller, puppeteer, and actor.

Morgan Midgett grew up in Charleston, South Carolina and graduated from the Ringling School of Art & Design with a BFA in Illustration. *Oh, Crumps! / ¡Ay, caramba!* is her debut into the wonderful world of children's illustration.

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