Vegetable Dreams / Sueño de verduras
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Grades K - 3

Have you ever dreamed of growing your own vegetables? Well, even if you can't have a garden of your own, this yummy snack lets you taste the magic of a farmer's experience. It is fun to make, but even more fun to eat.

Dreamy Veggie Pizza

8 oz. can prepackaged crescent roll dough
8 oz. cream cheese, softened
1 cup sour cream
1 Tablespoon dill weed
1 cup each of favorite vegetables, chopped
(Try tomatoes, cucumbers, green peppers, red peppers, carrots, and celery. Select them for color and for taste.)
*Makes about 20 servings

Unroll crescent roll dough flat in large square on center of cookie sheet. Bake as directed. Beat cream cheese, sour cream and dill until well blended. Spread mixture on top of cooled crescent layer. Top the creamy layer with your selected chopped vegetables. Cut into squares. Can be eaten immediately. Store remaining "pizza" in covered container.

Dawn Jeffers has never had a garden and she almost never dreams of vegetables. But she did have memorable childhood exposure to elders' stories while helping in her neighbor's gardens. *Vegetable Dreams / Sueño de verdures* is her first published children's book.

Claude Schneider's work has been featured at Harrods Department Store in London, England, where they advertise they carry only the "World's Finest Merchandise." He currently lives in the mountains of North Carolina with his wife, Beth, a fellow artist.

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